

10:00AM

Kick-off Panel Discussion

Hosted by Monica Infante, Babies & Bumps Founder & CEO.
Check-in begins at 9:30AM and doors open to the **Main Stage**
at 9:45AM. Seating is plentiful, but first come, first served.



Birth Prep & Lactation
Ashley Peaches,
LMSW, IBCLC, CD(DONA), CPST, CBE
Peachy Births:
Doula and Lactation Services



Mental Health
Angela Pepper, LMSW
Saint Luke's



Birth & Postpartum Prep
Mary Pope, PPD, NCS, CBE
Oh Baby! KC



Pregnancy + Birth Classroom A

Newborns + New Parents Classroom B

Life with a Baby Classroom C

Skill-Building Demos Ballroom

Activities Ballroom

11:00AM



Pain Management Options for Labor
Karla Torain, RN, MSN, RNC-NIC, NEA-BC
Saint Luke's



Newborn Wonders
Aimy Patel, MD, CLC
Cradle thru College Care



Baby's First Foods
Marion Pierson, MD
Elite Care Pediatrics

Sign Language for Babies
Zenith Rehabilitation

11:15AM

11:30AM

11:45AM

12:00PM

12:15PM

12:30PM



Birth Partner Bootcamp
Betsy Pool, CBD, CPD
Thrive Together Doulas



The Fourth Trimester
Sarah Pearl, DO
Saint Luke's



Breastfeeding & Returning to Work
Katie Winkler, MSN, RN, IBCLC, CPN
The Gentle Nest Co.

Comfort Measures for Labor
The Well Doula

12:45PM

1:00PM

1:15PM

1:30PM



Birth Planning
Angela Cronister, SBD, RN
The Well Doula Service



Breastfeeding Essentials
Emily Anderson, RN, BSN, IBCLC
Good Life Lactation



Developmental Milestones
Kaitlyn McGuffin, MS, CCC-SLP
Zenith Rehabilitation

Swaddling
Baby Calm

Safe Sleep
Cribs for Kids

1:45PM

2:00PM

2:15PM

2:30PM

2:45PM

3:00PM



Keynote on the Main Stage with Jamie Grayson, CPST

4:00PM

Doors open at 2:50PM. Seating is plentiful, but first come, first served. **MUST** be present to be eligible to win baby gear giveaways.

Exhibitor Floor Open

Blood Pressure Checks
Saint Luke's

Babywearing Test Drives
Kansas City Babywearers

Baby Gear Test Drives
Jamie Grayson, CPST

Baby & Bump Photos

Giveaways + Prizes
Welcome Desk

Charity Raffle
Proceeds donated to:
The Milk Bank & Oklahoma Mothers' Milk Bank

VIP Gift Bags
VIP attendees, stop by our Welcome Desk
for your gift bag before you leave!

Babies & Bumps Grand Prize
Winners texted between 3 and 4PM
and pick-up required by 5PM.

Keynote

Baby Gear Giveaways
Everyone who attends our keynote session
will be eligible to win baby gear prizes.

