



10:00AM

Kick-off Panel Discussion

Hosted by Monica Infante, Babies & Bumps Founder & CEO. Check-in begins at 9:30AM and doors open to the Main Stage at 9:45AM. Seating is plentiful, but first come, first served.

Birth & Postpartum Prep

Melissa Hasler, APRN, CNM
Fairview

Lactation

Madelyn Pennings, IBCLC, CPST
Nourish 911

Mental Health

Jessie Lundquist, LPCC
Renew Health Services

Pelvic Floor

Michelle Wall, PT, DPT, PCES
Moms in Motion PT

Pregnancy + Birth Classroom A

Newborns + New Parents Classroom B

Life with a Baby Classroom C

Skill-Building Demos Ballroom

Activities Ballroom

11:00AM

11:15AM

11:30AM

11:45AM

12:00PM

12:15PM

12:30PM

12:45PM

1:00PM

1:15PM

1:30PM

1:45PM

2:00PM

2:15PM

2:30PM

2:45PM

3:00PM

4:00PM



Pain Management Options for Labor

Jessica Holm, MSN, APRN, CNM, FACNM
Fairview



Breastfeeding & Returning to Work

Ann Oswood, APRN, CNM, IBCLC
Fairview



Thriving Together with Baby

Beverly Gillen, MBA
Partners in Parenting Consulting



Postpartum Planning

Chelsie Quimby, CPD, CLC
Better Beginnings



Tummy Comfort for Babies

Jessica Roth, DC, CLP
CHIROP FOR MOMS



Baby's First Foods

Jennifer Annunziata, MA, OTR/L
Fairview



Birth Planning

Linna Wilkins, BSN, CD(DONA)
Family Doula MN



Healing After Birth

Hannah Lewis, MSN-BC, FNP
Wildly Well



Developmental Milestones

Melissa Hansing, APRN, CPNP-PC
Zarminali Pediatrics



Keynote on the Main Stage with Jamie Grayson, CPST

Doors open at 2:50PM. Seating is plentiful, but first come, first served. MUST be present to be eligible to win baby gear giveaways.

Babywearing

hope&plum

Car Seat Safety

Buckle UP MN

Sign Language for Babies

Fairview

Comfort Measures for Labor

Confident Mama

Push Positions

Niko Physical Therapy

Breast Pumps

Nourish 911

Infant CPR & Choking

Fairview

Baby Gear Test Drives

Baby Registry Lab with Jamie Grayson

Baby Wearing Test Drives

hope&plum and Babywearing Twin Cities

Baby & Bump Photos

Giveaways + Prizes

Welcome Desk

Charity Raffle

Proceeds donated to a local non-profit

VIP Gift Bags

VIP attendees, stop by our Welcome Desk for your gift bag before you leave!

Babies & Bumps Grand Prize

Winners texted between 3 and 4PM and pick-up required by 5PM.

Keynote

Baby Gear Giveaways

Everyone who attends our keynote session will be eligible to win baby gear prizes.

Exhibitor Floor Open

