



10:00AM

Kick-off Panel Discussion

Hosted by Monica Infante, Babies & Bumps Founder & CEO. Check-in begins at 9:30AM and doors open to the Main Stage at 9:45AM. Seating is plentiful, but first come, first served.

Birth Prep
Trish Ware, RN
Labor Nurse Mama

Lactation
Kara Pernice, RN, BSN, IBCLC
North Fulton Lactation

Mental Health
Jaime Filler, LMFT, PMH-C
Aspen Grove Counseling and Wellness

Postpartum Care
Iris Tian, DO
Luminé Wellness

Pregnancy + Birth Classroom A

Newborns + New Parents Classroom B

Life with a Baby Classroom C

Skill-Building Demos Ballroom

Activities Ballroom

11:00AM

11:15AM

11:30AM

11:45AM

12:00PM

12:15PM

12:30PM

12:45PM

1:00PM

1:15PM

1:30PM

1:45PM

2:00PM

2:15PM

2:30PM

2:45PM

3:00PM

4:00PM



Pain Management Options for Labor
Cori Abrams, CNM
Grace Midwifery & Women's Health



Birth Partner Bootcamp
Barbara Weener, CD(DONA), CCCE
Birth with Babs



Postpartum Planning
Brianna Olaniyan, CLD
Belvia Births



Breastfeeding Essentials
Nicole Schwartz, IBCLC
Beyond Birth Collective



Baby Basics
Whitney Fose, MD, IBCLC
Peach Blossom Pediatrics



Building Your Fatherhood Blueprint
Myer M. Krah, CPC
Here for the Dads



Sleep in the First Year
Jessica Byrne
My Dreamy Sleeper



Developmental Milestones
Nicole Hight, MD
Zarminali Pediatrics



Baby's First Foods
Jordyn Hazelrig, MS, CCC-SLP
Feed and Flourish Therapy Services

Newborn Care Basics
Harmony Pediatrics

Playing with Purpose
New Mom School

Comfort Measures for Labor
Belvia Births

Comfort in Pregnancy
Nova Chiropractic

Tummy Time
Babies and Beyond Physical Therapy

Push Positions
WellWomanPT

Breast Pumps
Beyond Birth Collective

Exhibitor Floor Open

Baby Gear Test Drives
Baby Registry Lab with Jamie Grayson

Baby & Bump Photos
BabyPhotoTalya

Diastasis Recti Assessments
WellWomanPT

Giveaways + Prizes
Welcome Desk

Charity Raffle
Proceeds donated to:
Mothers' Milk Bank at Austin

VIP Gift Bags
VIP attendees, stop by our Welcome Desk for your gift bag before you leave!

Babies & Bumps Grand Prize
Winners texted between 3 and 4PM and pick-up required by 5PM.

Keynote
Baby Gear Giveaways
Everyone who attends our keynote session will be eligible to win baby gear prizes.



Keynote on the Main Stage with Jamie Grayson, CPST

Doors open at 2:50PM. Seating is plentiful, but first come, first served. MUST be present to be eligible to win baby gear giveaways.