



10:00AM

Kick-off Panel Discussion

Hosted by Monica Infante, Babies & Bumps Founder & CEO. Check-in begins at 9:30AM and doors open to the Main Stage at 9:45AM. Seating is plentiful, but first come, first served.

Mental Health
Rebecca Christophersen, PMHNP
Meridian Psychiatric Partners

Birth & Postpartum
Lillian Kamaleson, LCPM, CPM
Aalaya Community Midwifery

Lactation
Cindy Rubin, MD, IBCLC, NABBLM-C
In Touch Pediatrics and Lactation

Pregnancy + Birth Classroom A

Newborns + New Parents Classroom B

Life with a Baby Classroom C

Skill-Building Demos Ballroom

Activities Ballroom

11:00AM



Pain Management Options for Labor
Corinne Westing, CNM, CPD, APRN-FPA
Birth Roots Community Midwifery



Breastfeeding Essentials
Kimberly Barounis, RN, BSN, IBCLC
Transitions into Parenting



Sleep in the First Year
Kaela Redmond, BSN, RN
Fourth Trimester Training

Babywearing
hope&plum

11:15AM

11:30AM

11:45AM

12:00PM

12:15PM

12:30PM

12:45PM

1:00PM

1:15PM

1:30PM

1:45PM

2:00PM

2:15PM

2:30PM

2:45PM

3:00PM



Birth Partner Bootcamp
Kayla Czapiewski, CD(DONA)
Birthing Kindness Doula



Postpartum Planning
Danyale Washington, C-P&ICD, C-IFE, NPE
Sweet Piece Solutions



Developmental Milestones
Armi Grace Petersen, MS, OTR/L, ASDCS, CWHS
Motivated OT Mama

Newborn Care Basics
Zarminali Pediatrics

Labor & Push Positions
Empowered Childbirth Education



Birth Planning
Tia Wente, CD, CCBE
Chicagoland Birth and Baby



Breastfeeding & Returning to Work
Katie Croslow, RN, CLC
Daily Dose



Baby's First Foods
Jennifer Perez, MD, FAAP, DABOM
Zarminali Pediatrics

Safe Sleep
Cribs for Kids

Comfort Measures for Labor
Mamma Jamma Dance & Maternal Wellness



Keynote on the Main Stage with Jamie Grayson, CPST

Doors open at 2:50PM. Seating is plentiful, but first come, first served. MUST be present to be eligible to win baby gear giveaways.

4:00PM

Exhibitor Floor Open

Baby Gear Test Drives
Baby Registry Lab with Jamie Grayson

Babywearing Test Drives
hope&plum

Swaddling Practice
Fourth Trimester Training

Giveaways + Prizes
Welcome Desk

Charity Raffle
Proceeds donated to:
Mothers' Milk Bank of the Western Great Lakes

VIP Gift Bags
VIP attendees, stop by our Welcome Desk for your gift bag before you leave!

Babies & Bumps Grand Prize
Winners texted between 3 and 4PM and pick-up required by 5PM.

Keynote

Baby Gear Giveaways
Everyone who attends our keynote session will be eligible to win baby gear prizes.

