

**CLASSES**

**DEMOS**

**GEAR**

**ACTIVITIES**

**Pregnancy + Birth**

**Newborns + New Parents**

**Life with a Baby**

Room A

Room B

Room C


Ballroom

Ballroom


Ballroom

11:00AM  
11:15AM  
11:30AM  
11:45AM  
12:00PM  
12:15PM  
12:30PM  
12:45PM  
1:00PM  
1:15PM  
1:30PM  
1:45PM  
2:00PM  
2:15PM  
2:30PM  
2:45PM  
3:00PM  
4:00PM

Exhibitor floor opens at 11 a.m.



**Planning Your Fearless Birth**  
Samantha Vaive, PhD  
Sound Birthing



**The Fourth Trimester**  
Khadijah Bansfield, CPM  
Postpartum Sanctuary Retreat



**Sleep in the First Year**  
Fervy Jimenez, RN, BSN  
Nature's Playhouse

**Car Seat Safety**  
Safe Kids Oakland County

**Breast Pumps**  
Skilled Lactation Solutions

**Baby Gear Test Drives**  
with  
Jamie Grayson, CPST

Get answers to your registry and product safety questions, and try out gear from top brands ...*all in the ballroom!*



**Babywearing Test Drives**  
Ergobaby & Tula

**Swaddling Practice**  
Fourth Tri Sanctuary

**Baby & Bump Photo Booth**

**GIVEAWAYS & PRIZES**

**Check-in**

**Charity Raffle**  
Proceeds donated to:  
Henry Ford Milk Bank

Ticket sales end at 2:45PM / Last entries due by 3PM.  
We're cashless!  
Winners will be texted between 3 and 4PM.  
Prizes not claimed by 5PM on 5/4 will be forfeited.



**Gift Bags**  
VIP attendees, stop by our Check-in desk for your gift bag before you leave!

**Babies & Bump Grand Prize**  
Winner will be drawn randomly and notified between 3 and 4PM, via the cell number used to purchase their ticket.  
Prizes not claimed by 5PM on 5/4 will be forfeited.

**Keynote**

**Baby Gear Giveaways**  
Everyone who attends Jamie Grayson's keynote session will be eligible to win baby gear prizes.  
Attendees **MUST** be present to win.

Exhibitor floor closes at 3 p.m.



**Babywearing**  
Ergobaby

**Newborn Care Basics**  
Fourth Tri Sanctuary

**Fitness for Moms**  
Nature's Playhouse

**Safe Sleep**  
Cribs for Kids



**Breastfeeding & Returning to Work**  
Allison Alexander, LPM, IBCLC  
Skilled Lactation Solutions



**Emotional Wellness for New Moms**  
Annie Phillips, LMSW, PMH-C  
The Nest Wellness Collective



**Healing After Birth**  
Lauren Patterson, RN, BSN, CMSRN, CPHQ  
Asher & Arnold




**The Pelvic Floor**  
Jenny Jeshurun, PT, DPT  
The Nest Wellness Collective



**Developmental Milestones**  
Vera Malushi, PT, DPT, PCS  
Milestones Pediatric Physical Therapy

**Comfort Measures for Labor**  
Live Light Birth & Family



**Nutrition for Pregnancy & Beyond**  
Arielle Laws, MSHS  
Arielle Laws Nutrition

**Keynote on the Main Stage with Jamie Grayson, CPST**  
Doors open at 2:55PM. Seating is plentiful, but first come, first served. **MUST** be present to be eligible to win baby gear giveaways.

