

CLASSES

DEMOS

GEAR

ACTIVITIES

Pregnancy + Birth

Newborns + New Parents

Life with a Baby

Room A

Room B

Room C

Ballroom

Ballroom

Ballroom

11:00AM
11:15AM
11:30AM
11:45AM
12:00PM
12:15PM
12:30PM
12:45PM
1:00PM
1:15PM
1:30PM
1:45PM
2:00PM
2:15PM
2:30PM
2:45PM
3:00PM
4:00PM

Exhibitor floor opens at 11 a.m.



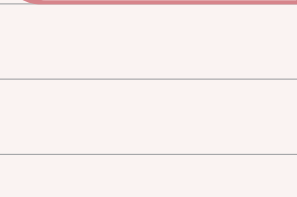
Birth Partner Boot Camp
Karli Auble, MAPP
Life & Labor



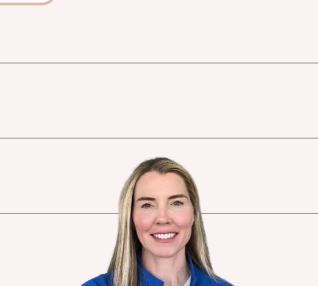
Pain Management Options for Labor
Taryn White, MD
BJC Medical Group West End OBGYN



The Pelvic Floor
Ashley Williams, DPT
PelviMama Physical Therapy



Breastfeeding & Returning to Work
Kayla Richardson, MS, CCC-SLP, IBCLC
The Abeille Feeding Clinic



Breastfeeding Basics
Molly Veltz, RN, BSN, IBCLC
Missouri Baptist Medical Center



The Fourth Trimester
Ali Kochtanek, PCd
New Mom School St. Louis



First Aid & Home Safety
Laird Vermont, MD
St. Louis Children's Hospital



Sleep in the First Year
Mollie Trafton, CPSC
HushPup Baby



Parenting from the Start
Ashley Patek, OT/PL
Doing Better Conscious Parenting



First Aid & Home Safety
Laird Vermont, MD
St. Louis Children's Hospital



Keynote on the Main Stage with Jamie Grayson, CPST
Doors open at 2:55PM. Seating is plentiful, but first come, first served. MUST be present to be eligible to win baby gear giveaways.

Sign Language for Babies
Center for Hearing & Speech

The Pelvic Floor
PelviMama Physical Therapy

Car Seat Safety
Safety Stop

Safe Sleep
Cribs for Kids

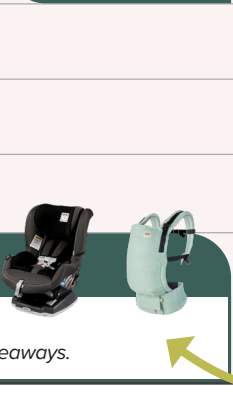
Fitness for Moms
FIT4MOM St. Charles

Comfort Measures for Labor
BJC HealthCare

Babywearing
Greater St. Louis Babywearing

Baby Gear Test Drives
with
Jamie Grayson, CPST

Get answers to your registry and product safety questions, and try out gear from top brands ...*all in the ballroom!*



Car Seat Safety Clinic
Safety Stop

Babywearing Test Drives
Greater St. Louis Babywearing

Baby & Bump Photos
Aurora Photography & Design

GIVEAWAYS & PRIZES

Check-in

Charity Raffle
Proceeds donated to:
The Milk Bank
Ticket sales end at 2:45PM.
Last entries due by 3PM.
Winners will be texted between 3 and 4PM.
Prizes not claimed by 6PM on 4/6 will be forfeited.



Gift Bags
VIP attendees, stop by our check-in desk for your gift bag before you leave!

Babies & Bump Grand Prize
Winner will be drawn randomly and notified between 3 and 4PM, via the cell number used to purchase their ticket.
Prizes not claimed by 6PM on 4/6 will be forfeited.

Keynote

Baby Gear Giveaways
Everyone who attends Jamie Grayson's keynote session will be eligible to win baby gear prizes.
Attendees **MUST** be present to win.