

**CLASSES**

**DEMOS**

**GEAR**

**ACTIVITIES**

**Pregnancy + Birth**

Room A

**Newborns + New Parents**

Room B

**Life with a Baby**

Room C

Ballroom

Ballroom

Ballroom

11:00AM  
11:15AM  
11:30AM  
11:45AM  
12:00PM  
12:15PM  
12:30PM  
12:45PM  
1:00PM  
1:15PM  
1:30PM  
1:45PM  
2:00PM  
2:15PM  
2:30PM  
2:45PM  
3:00PM  
4:00PM

Exhibitor floor opens at 11 a.m.



**Pain Management Options for Labor**  
Samantha Eubanks, DNP, APRN-CNM  
Diana Health



**Breastfeeding & Returning to Work**  
Tiffani Dickerson, RN, IBCLC  
The Breast Choice Lactation



**Birth Partner Boot Camp**  
Ciara Reese, cd, csc  
Minted Birth & Wellness



**Breastfeeding Basics**  
Kaitlyn Doerner, IBCLC  
Anchored Wellness, Nutrition & Lactation Services



**Prenatal Yoga**  
Michelle Winick, MPH, RPYT  
Sun Rabbit Yoga



**Baby Basics**  
Kaela Redmond, BSN, RN  
Fourth Trimester Training



**First-Year Ailments**  
Bianca Methvin, MD  
Modern Pediatrics



**Developmental Milestones**  
Erin Marsh, MS, CCC-SLP  
Unique Therapy Connections



**Sleep in the First Year**  
Rhiannon Simes, NP  
Modern Pediatrics

**Sign Language for Babies**  
Unique Therapy Connections

**Playing with Baby**  
The Little Gym of Frisco West

**Newborn Care Basics**  
Fourth Trimester Training

**Music for Babies**  
Gymboree Play & Music

**Safe Sleep**  
Cribs for Kids

**Comfort Measures for Labor**  
Minted Birth & Wellness

**Breast Pumps**  
The Breast Choice Lactation

**Baby Gear Test Drives**  
with  
Jamie Grayson, CPST

Get answers to your registry and product safety questions, and try out gear from top brands ...all in the ballroom!




Exhibitor floor closes at 3 p.m.

**Keynote on the Main Stage with Jamie Grayson, CPST**

Doors open at 2:55PM. Seating is plentiful, but first come, first served. MUST be present to be eligible to win baby gear giveaways.



**Car Seat Safety Clinic**  
Texas Health Presbyterian Hospital Plano


**Babywearing Test Drives**  
Dallas Wearing Community

**Baby & Bump Photo Booth**

**GIVEAWAYS & PRIZES**

**Check-in**

**Charity Raffle**  
Proceeds donated to:  
**Mothers' Milk Bank of North Texas**  
Ticket sales end at 2:45PM.  
Last entries due by 3PM.  
Winners will be texted between 3 and 4PM.  
Prizes not claimed by 6PM on 3/16 will be forfeited.



**Gift Bags**  
VIP attendees, stop by our check-in desk for your gift bag before you leave!

**Babies & Bump Grand Prize**  
Winner will be drawn randomly and notified between 3 and 4PM, via the cell number used to purchase their ticket.  
Prizes not claimed by 6PM on 3/16 will be forfeited.

**Keynote**

**Baby Gear Giveaways**  
Everyone who attends Jamie Grayson's keynote session will be eligible to win baby gear prizes.  
Attendees MUST be present to win.