SEMINARS

DEMOS

GEAR

ACTIVITIES

Pregnancy + Birth Seminar A

Newborns + New Parents Seminar B

Life with a Baby Seminar C

Exhibitor Floor

Exhibitor Floor

Exhibitor Floor

11:00_{AM} Exhibitor floor opens at 11 a.m.

11:15_{AM}

11:30_{AM}

11:45 АМ

12:00рм

12:15рм

12:30_{PM}

12:45_{PM}

1:00рм

1:15рм

1:30_{PM}

1:45_{PM}

2:00рм

2:15рм

2:30рм

2:45рм

3:00рм



Breastfeeding Essentials Dianne Cassidy. MA, IBCLC-RLC, ALC, CLSP The Badass Breastfeeding Podcast

Pregnancy, Exercise

& Pain Relief

Sarah Tirimacco, pc Pinnacle Hill Chiropractic

Writing Your Birth Plan

Morgan Moy, CLC, CBE The Doula Duo



The Pelvic Floor Natalia Farnsworth, PT, DPT Iron Rose Women's Health Physical Therapy



Sleep in the First Year Missy Yandow Slumber & Bloom

Car Seat Safety

Comfort Measures for Labor

Cloth Diapering

Safe Sleep

Postpartum Prep

Breastfeeding Positions

Modern Motherhood Lindsey Mease Lindsey Mease Coaching



Michele Burtner, CNM, MS, MPH, IBCLC, FACNM UR Medicine Breastfeeding & Lactation

Breastfeeding & Returning to Work



Career & Finance

Prep for Parenthood Samantha Saxby, clms

Baby Basics Sarah Minney, MD Highland Family Medicine

The Pelvic Floor

Exhibitor floor closes at 3 p.m.

Keynote: Baby Registry Lab with Jamie Grayson, CPST

Seating is plentiful, but first come, first served. MUST be present to be elegible to win BRL's baby gear giveaways.

Baby Gear Test Drives

with Jamie Grayson, CPST

Get answers to your registry and product safety questions, and try out gear from top brands ...all on the exhibitor floor!





Car Seat Safety

Blood Pressure Checks

Baby & Bump Photo Booth

GIVEAWAYS & PRIZES

Registration

Charity Raffle

Proceeds donated to Parenting Village



Gift Bags

Babies & Bump Grand Prize

Keynote

Baby Registry Lab Giveaways