

SEMINARS

DEMOS

GEAR

ACTIVITIES

Pregnancy + Birth Seminar A

Newborns + New Parents Seminar B

Life with a Baby Seminar C

Exhibitor Floor

Exhibitor Floor

Registration

11:00AM
11:15AM
11:30AM
11:45AM
12:00PM
12:15PM
12:30PM
12:45PM
1:00PM
1:15PM
1:30PM
1:45PM
2:00PM
2:15PM
2:30PM
2:45PM
3:00PM
4:00PM

Exhibitor floor opens at 11 a.m.



Pain Management Options in Labor
Krystal Carmichael, MD
Piedmont Medical Center



Writing Your Birth Plan
Heidi Snyderburn, MBA, CD DONA, CMR
Birth Story Boutique



Birth Partner Boot Camp
Ally Raven, CBD, CBC, CE
Ally Raven Doula Services



Postpartum Well-Being
Ashley Moore, LPC, M.Ed
Thrive Postpartum



Breastfeeding Essentials
Rachel M. Dean, MPH, RDN, LDN, IBCLC, RLC
Queen City Cocoa B.E.A.N.S.



Holistic Care in Pregnancy & Postpartum
Jessica Harden-Venable, DC
Providence Chiropractic



Breastfeeding & Returning to Work
Paula Norcott, IBCLC
Pumpspotting



Perfectly Imperfect Parenting
Kay Paschal
Insert Giggle Giggle



Sleep in the First Year
Jessica Byrne
My Dreamy Sleeper



Babywearing
Charlotte Metro Babywearers

Safe Sleep
Cribs for Kids

Car Seat Safety
Romer

Infant Massage
Holistic Mama

Comfort Measures in Labor
Lake Norman Doula

Reading with Baby
Little Legacies Books for Young Readers

Breast Pumps
Queen City Cocoa B.E.A.N.S.

Baby Gear Test Drives
with
Jamie Grayson, CPST

Get answers to your registry and product safety questions, and try out gear from top brands ...*all on the exhibitor floor!*



Exhibitor floor closes at 3 p.m.

Keynote: Baby Registry Lab with Jamie Grayson, CPST
Seating is plentiful, but first come, first served. MUST be present to be eligible to win BRL's baby gear giveaways.



Pre-Event Door Prizes
Romer

Breast Express Tour Stop
Pumpspotting

Exhibitor Floor

Book Giveaways
Birth Story Boutique

Baby & Bump Photos

GIVEAWAYS & PRIZES

Registration

Charity Raffle
Proceeds donated to
WakMed Mothers' Milk Bank

Ticket sales end at 2:45PM.
Last entries due by 3PM.
Winners will be texted between 3 and 4PM.
Prizes must be claimed by 6PM on 8/11 or forfeited.



Gift Bags
VIP attendees, stop by Registration for your gift bag before you leave!

Babies & Bump Grand Prizes
Winner/s will be drawn randomly and notified between 3 and 4PM via the cell number used to purchase their ticket.
Prizes must be claimed by 6PM on 8/11 or forfeited.

Keynote

Baby Registry Lab Giveaways
Everyone who attends Baby Registry Lab will be eligible to win baby gear prizes.

Doors open at 2:55PM.
MUST be present to win.