

**SEMINARS**

**DEMOS**

**GEAR**

**ACTIVITIES**

**Seminar A**

**Seminar B**

**Seminar C**

**Exhibitor Floor**

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**Exhibitor Floor**

11:00AM  
11:15AM  
11:30AM  
11:45AM  
12:00PM  
12:15PM  
12:30PM  
12:45PM  
1:00PM  
1:15PM  
1:30PM  
1:45PM  
2:00PM  
2:15PM  
2:30PM  
2:45PM  
3:00PM  
4:00PM

Exhibitor floor opens at 11 a.m.



**The Fourth Trimester**  
Stacia Scott, FNP-BC  
Postpartum Care USA



**The Pelvic Floor**  
Jenny Archer, PT, DPT, COMT  
Archer Physical Therapy



**Breastfeeding Basics**  
Angela Lee, BSN, RN, IBCLC  
Blessed Beginnings

Exhibitor floor closes at 3 p.m.



**Baby's First Foods**  
Emily Hawkinson, MD  
Pediatric Associates of Franklin



**Newborn Care Basics**  
Laura Pasyanos  
Southern Doula Services



**Sleep in the First Year**  
Becca Feeny, MSW  
The Mindful Nursery



**Infant CPR**  
Jacqui Redlinski, BSN, RN, CLC  
Blessed Beginnings



**Breastfeeding & Returning to Work**  
Angela Plunkett, BSN, RN, IBCLC, DPAACLM  
Tennessee Lactation Care



**Supporting Baby's Development**  
Kathryn L. Humphreys, PhD  
Vanderbilt University



**Car Seat Safety**  
Monroe Carrell Jr. Children's Hospital at Vanderbilt

**Breastfeeding Positions**  
Blessed Beginnings

**Babywearing**  
Ergobaby

**Infant Massage**  
Blessed Beginnings

**Safe Sleep**  
Cribs for Kids

**Postpartum Prep**  
Real Mama Co.

**Breast Pumps**  
Nikki Lee Health

**Baby Gear Test Drives**  
with  
Jamie Grayson, CPST

Get answers to your registry and product safety questions, and try out gear from top brands ...*all on the exhibitor floor!*



**Babywearing Test Drives**  
Ergobaby

**Car Seat Safety Clinic**  
Monroe Carrell Jr. Children's Hospital at Vanderbilt

**Baby & Bump Photos**

**GIVEAWAYS & PRIZES**

**Registration**

**Charity Raffle**  
Proceeds donated to Mothers' Milk Bank of Tennessee  
Ticket sales end at 2:45PM.  
Last entries due by 3PM.  
Winners will be texted between 3 and 4PM.  
Prizes must be claimed by 6PM on 7/21 or forfeited.



**Gift Bags**  
VIP attendees, stop by Registration for your gift bag before you leave!

**Babies & Bump Grand Prizes**  
Winner/s will be drawn randomly and notified between 3 and 4PM via the cell number used to purchase their ticket.  
Prizes must be claimed by 6PM on 7/21 or forfeited.

**Keynote**

**Baby Registry Lab Giveaways**  
Everyone who attends Baby Registry Lab will be eligible to win baby gear prizes.  
Doors open at 2:55PM.  
**MUST** be present to win.

**Keynote: Baby Registry Lab with Jamie Grayson, CPST**  
*Seating is plentiful, but first come, first served. MUST be present to be eligible to win BRL's baby gear giveaways.*

