SEMINARS

DEMOS

GEAR

ACTIVITIES

Pregnancy + Birth Seminar A

Newborns + New Parents Seminar B

Life with a Baby Seminar C

Exhibitor Floor

SSM Health Cardinal Glennon Children's Hospital / Safe Kids St. Lou

Sign Language for Babies

Newborn Care Basics

Keeping Baby Safe at Home

Exhibitor Floor

Baby Gear Test

Exhibitor Floor

Baby & Bump Photos

Babywearing Test Drives Greater St. Louis Babywearing

Car Seat Safety Clinic

GIVEAWAYS & PRIZES

Registration

Charity Raffle

The Milk Bank

11:00_{AM} Exhibitor floor opens at 11 a.m.

11:15_{AM}

11:30 АМ

11:45 АМ

12:00рм

1:15_{PM}

1:30_{PM}

1:45_{PM}

2:00рм

2:15рм

2:30рм

2:45рм

3:00рм



Pain Management Options for Labor Karli Auble, MAPP Life & Labor



Breastfeeding Basics Mary Allers-Korostynski, RN, BSN, IBCLC Lactation: On Demand



Sleep in the First Year Jennifer Tietien. CPNP, CLC, PMH-C, C-GSC Your Village STL



Jamie Grayson



Get answers to your registry and product safety questions, and try out gear from top brands ...all on the exhibitor floor!



12:15рм 12:30_{PM} 12:45_{PM}

1:00рм The Pelvic Floor Brooke Kalisiak, PT. DPT Legacy Physical Thearpy



Preparing for Parenthood Courtney Wilson, PHD **Build Parenting**



Developmental Milestones Kelsey Sullins, MA, CCC-SLP

Baby's First Foods Kavla Richardson. MS, CCC-SLP, IBCLC The Abeille Feeding Clinic

Safe Sleep





Babies & Bump Grand Prizes

Gift Bags

Main Stage

Baby Registry Lab Giveaways



The Fourth Trimester Stacia Scott, FNP-BC Postpartum Care USA



Exhibitor floor closes at 3 p.m.

Yoga for Birth

Stacy Broussard, RPYT, CHT

Yoga Mama Online



Keynote with Jamie Grayson, CPST: Baby Registry Lab

Seating is plentiful, but first come, first served. MUST be present to be elegible to win Jamie's baby gear giveaways.



4:00_{PM}