

SEMINARS

Pregnancy + Birth Seminar A

Newborns + New Parents Seminar B

Life with a Baby Seminar C

DEMOS

Exhibitor Floor

ACTIVITIES

Exhibitor Floor

11:00AM
11:15AM
11:30AM
11:45AM
12:00PM
12:15PM
12:30PM
12:45PM
1:00PM
1:15PM
1:30PM
1:45PM
2:00PM
2:15PM
2:30PM
2:45PM
3:00PM
4:00PM

Exhibitor floor opens at 11 a.m.



Writing Your Birth Plan
Taylor Nosakhere
With You Wellness



Birth Partner Boot Camp
Heidi Mills, CBD
Bloc Births

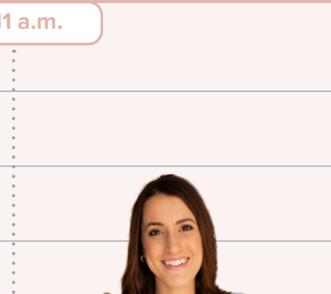


Pain Management Options for Labor
Debra Cuthill, CNM, APRN, MSN
40 Weeks & Beyond

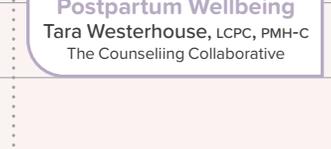


Postpartum Planning
Darla Lenz, CPD, NCS, CSC
Mary Pope, CPD, NCS, CPE
Oh, Baby! Kansas City

Exhibitor floor closes at 3 p.m.



Postpartum Wellbeing
Tara Westerhouse, LCPC, PMH-C
The Counseling Collaborative



The Pelvic Floor
Bethany Peterson, PT, DPT
Well+Core Physical Therapy



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Breastfeeding & Returning to Work
Sarah Hartenberger, IBCLC
Nurture Lactation



Embracing Motherhood & Individuality
Stephanie Risinger, LCMFT
Hopeful & Whole Counseling



Infant Developmental Milestones
Rhonda Mattson, MOTR/L, CHT
Zenith Rehabilitation



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Safe Sleep
Cribs for Kids

Birth & the Pelvic Floor
Empower Your Pelvis

Sign Language for Baby
Zenith Rehabilitation

Babywearing
Ergobaby

Breast Pumps
Nurture Lactation

Essential Oils
Inspiring Wellness

Comfort Measures for Labor
Bloc Births

Baby Registry Lab Hands-On Demos
with Jamie Grayson

Get answers to your registry and product safety questions, and try out gear from top brands...*all on the exhibitor floor!*

Baby Registry Lab Giveaways

Babywearing Test Drives
with Olivia Wieda

GIVEAWAYS & PRIZES

Registration

Charity Raffle
Proceeds donated to **The Milk Bank**
Ticket sales end at 2:30PM
Last entries due by 3PM
Winners will be texted between 3 and 4PM
Prizes must be claimed by 6PM on 6/4 or forfeited



Gift Bags
Premium Admission attendees, stop by the Registration for your gift bag before you leave!

Babies & Bump Grand Prizes
Ticket(s) given to attendees upon entry.
Winning numbers will be displayed at Registration ~3PM
Prizes will NOT be posted online or available over the phone
Prizes must be claimed by 6PM on 6/4 or forfeited

Main Stage

Baby Registry Lab Giveaways
Tickets given to attendees upon entry to BRL's session at 3PM
Winning numbers called at the end of BRL's session ~4PM
MUST be present to win



Baby Registry Lab with Jamie Grayson, CPST

Seating is plentiful, but first come, first served. Grand prize drawing ~4 PM; MUST be present to win.

