

SEMINARS

Pregnancy + Birth Seminar A

Newborns + New Parents Seminar B

Life with a Baby Seminar C

DEMOS

Exhibitor Floor

ACTIVITIES

Exhibitor Floor

11:00AM
11:15AM
11:30AM
11:45AM
12:00PM
12:15PM
12:30PM
12:45PM
1:00PM
1:15PM
1:30PM
1:45PM
2:00PM
2:15PM
2:30PM
2:45PM
3:00PM
4:00PM

Exhibitor floor opens at 11 a.m.



Nutrition by the Trimester
Arielle Laws, MSHS
Arielle Laws Nutrition



Breastfeeding Basics
Krystal Throne, c/c
Land of Milk and Babies



Breastfeeding & Returning to Work
Allison Alexander, LPN, IBCLC
Skilled Lactation Solutions



Postpartum and Infant Mental Health & Wellness
Amy Delira, LMSW, IECMH-E
Deeper Roots Wellness



Pregnancy, Postpartum, and the Pelvic Floor
Dr. Rachael Elizabeth Miller,
PT, DPT, WHC, PCES



Becoming Mom
Christian Moon
Ambitious with a Purpose



The First Year of Sleep
Jill Mailing, IFFS, c/c
Supported Sleep



Writing Your Birth Plan
Rachel O'Donnell, BA, CD, LMT
Nurturing Spirit Doula and Massage



The Fourth Trimester
Melissa Scodellaro
The Fourth Tri Sanctuary

Prenatal Yoga
Happy Baby Yoga

Comfort Measures for Labor
Serene Synergistic Doula Services

Babywearing
Ergobaby

Breast Pumps
Honey for Moms

Fitness for Moms
Nature's Playhouse

Safe Sleep
Cribs for Kids

The Pelvic Floor
Pelvic Noire Physical
Therapy & Wellness



Baby Registry Lab Hands-On Demos

Exhibitor Floor
11AM - 2:30PM

Exhibitor floor closes at 3 p.m.



Baby Registry Lab with Jamie Grayson, CPST

Seating is plentiful, but first come, first served; doors open at 2:55 PM. Grand prize drawing ~4 PM; MUST be present to win.



Babywearing Test Drives
Metro Detroit Babywearers

Car Seat Safety Clinic
Safe Kids Oakland County

GIVEAWAYS & PRIZES

Registration

Charity Raffle
100% of proceeds donated to
Henry Ford Health Milk Bank
Winning numbers drawn and displayed
between 2:30 and 3PM
Prizes must be claimed by 5PM



Gift Bags
Guests with Premium Admission,
stop by the welcome desk for your
gift bag before you leave!

Babies & Bump Grand Prizes
Winning numbers drawn ~3PM
and displayed at Registration
Prizes must be claimed by 5PM

Main Stage

More Grand Prizes with Baby Registry Lab
Numbers called after BRL session
MUST be present to win