

SCHEDULE

SEMINARS

DEMOS

Seminar A

Seminar B

Exhibitor Floor

5:30PM			
5:45PM			Baby Registry Lab with Jamie Grayson
6:00PM	A Healthy Pregnancy Raised on Plants		Get answers to your registry and product safety questions, and try out gear from top brands ...all on the exhibitor floor!
6:15PM			
6:30PM		The Pelvic Floor Greater Charlotte Pelvic Collaboration	
6:45PM			
7:00PM			Belly Binding Ase Doula Services
7:15PM			Comfort Measures in Labor Birth Story Media
7:30PM	Birth Planning Birth Story Media		Brushing Baby's Teeth SouthPark and Blakeney Pediatric Dentistry
7:45PM			Breastfeeding Positions Mama Cave Lactation & More
8:00PM		Baby's First Foods Integrative Wellness & Therapeutics	
8:15PM			
8:30PM	  		
8:45PM			
9:00PM			
9:15PM			
9:30PM	8:30-9:30PM: Baby Registry Lab with Jamie Grayson Join Jamie on the main stage to get the scoop on registry categories like car seats, strollers, high chairs, sleep, and carriers in this 60-minute class! All attendees are welcome to attend. The exhibitor floor is open during this time and through 9:00 p.m.		

Grand Prize Drawing on the Main Stage @ 9:30PM – MUST BE PRESENT TO WIN
Charity Raffle Drawing on the Main Stage