

SCHEDULE

Seminars

Demos

in
Seminar A

in
Seminar B

in the
Ballroom

10:00AM

10:30AM

10:45AM

11:00AM

11:15AM

11:30AM

11:45AM

12:00PM

12:15PM

12:30PM

12:45PM

1:00PM

1:15PM

1:30PM

1:45PM

2:00PM



Breastfeeding Basics
Baby's Best Beginning



Bringing Baby Home
Working with Parents



Birth Planning
The Ohio Doula



Baby Basics
The Baby Nurse



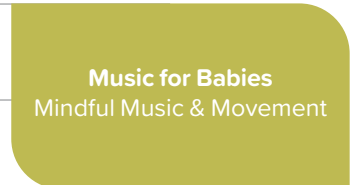
Baby's First Foods
Green Living & Wellness



Sleep in the First Year
The Mama Coach



**Gentle Exercises
for Pregnancy**
FIT4MOM



Music for Babies
Mindful Music & Movement



Babywearing
Columbus Babywearing



Breastfeeding Positions
The Baby Nurse



Car Seat Safety
Columbus Public Health



Breast Pumps
Baby's Best Beginnings



Comfort Measures in Labor
The Ohio Doula

2:00PM

Grand Prize Drawing at Registration @2PM – MUST BE PRESENT TO WIN
Charity Raffle Drawings at Registration*

*DO NOT NEED TO BE PRESENT TO WIN – ONE WINNER PER PRIZE
MUST COLLECT PRIZE BY 3PM ON 7/16/22.