

SCHEDULE

Seminars










Demos

in
Seminar A

in
Seminar B

in
Seminar C

in the
Ballroom

10:00AM				
10:15AM				
10:30AM				
10:45AM				Sign Language with Baby Budding Signers
11:00AM	Birth Planning Beautiful Birth Choices	The Pelvic Floor Evolve Physical Therapy of Rochester	Infant Developmental Milestones Child Care Council	
11:15AM				Breast Pumps Rumble Tuff
11:30AM				
11:45AM				Comfort Measures in Labor Beautiful Birth Choices
12:00PM				
12:15PM	Supporting Your Bump Pinnacle Hill Chiropractic	Breastfeeding & Returning to Work UR Medicine Breastfeeding & Lactation Services	Intimacy After Baby Rochester Center for Sexual Wellness	Cloth Diapers Mother Earth Baby
12:30PM				
12:45PM				Breastfeeding Positions Rumble Tuff
1:00PM				
1:15PM				Reading with Baby Monroe County Library System
1:30PM	Breastfeeding Basics Dianne Cassidy Consulting	The Fourth Trimester Rochester Regional Health Midwifery	Sleep in the First Year Slumber & Bloom	
1:45PM				Car Seat Safety NYS Police

2:00PM

Grand Prize Drawing at Registration @2PM – MUST BE PRESENT TO WIN
Charity Raffle Drawings at Registration*

*DO NOT NEED TO BE PRESENT TO WIN – ONE WINNER PER PRIZE
MUST COLLECT PRIZE BY 3PM ON 6/4/22.